

THE **TRYST TRADING** CO. **CATERING**

BOX LUNCHES

Sandwiches & Wraps \$16

Includes: Choice of Housemade Chips or Fruit Cup & Bottle of Water

Tarragon Chicken Salad

celery, red onion, lettuce, tarragon and mayo on sourdough bread.

Chicken Caesar Wrap

romaine lettuce, Parmesan cheese, garlic crouton and Caesar dressing in a spinach wrap.

Egg Salad Sandwich

white truffle mayo, Yukon potatoes, celery, red onion and cives on challah bread (V).

Ham & Swiss Wrap

Black Forest ham, Swiss cheese, shredded carrots, mayo, mustard, tomato and mixed greens in a wheat wrap.

Add a Chocolate Chip Cookie +\$2

Italian Sub

salami, pepperoni, capicola, lettuce, Provolone cheese, Italian herbs, oil & red wine on a sub roll.

Turkey Sandwich

sliced turkey, bacon, lettuce, tomato and garlic aioli on wheat bread.

Vegan Grilled Veggie Sandwich

roasted red peppers, grilled zucchini, lettuce and hummus on wheat bread (vv).

Caprese Sandwich

fresh mozzarella, basil pesto, tomato on ciabatta bread (V).

Roast Beef & Cheddar Sandwich

caramelized onion, garlic aioli, lettuce, tomato on wheat bread.

SALADS \$14

Includes: Bottle of Water

Greek Salad

romaine lettuce, cucumber, cherry tomato, Kalamata olive, red onion, feta cheese, red wine dressing (V,GF).

Classic Caesar Salad

romaine lettuce, Parmesan cheese, garlic croutons, Caesar Dressing.

Garden Bowl

curried chickpeas, roasted sweet potatoes, pickled red onion, arugula, avocado, creamy cashew dressing (vv,GF).

Add Protein

Grilled Chicken +\$6
Grilled Shrimp +\$8
Grilled Salmon +\$10

V = vegetarian, **vv** = vegan, **GF** = gluten free

Minimum 10 Lunches Per Order