THE TRYST TRADING CO.

CATERING

BOX LUNCHES

Sandwiches & Wraps $16

Includes: Choice of Housemade Chips or Fruit Cup

Tarragon Chicken Salad
celery, red onion, lettuce, tarragon and mayo on sourdough bread.

Chicken Caesar Wrap
romaine lettuce, Parmesan cheese, garlic crouton and Caesar dressing in a spinach wrap.

Egg Salad Sandwich
white truffle mayo, Yukon potatoes, celery, red onion and chives on challah bread (V).

Ham & Swiss Wrap
Black Forest ham, Swiss cheese, shredded carrots, mayo, mustard, tomato and mixed greens in a wheat wrap.

Add a Chocolate Chip Cookie +$2

Italian Sub
salami, pepperoni, capicola, lettuce, Provolone cheese, Italian herbs, oil & red wine on a sub roll.

Turkey Sandwich
sliced turkey, bacon, lettuce, tomato and garlic aioli on wheat bread.

Vegan Grilled Veggie Sandwich
roasted red peppers, grilled zucchini, lettuce and hummus on wheat bread (vv).

Caprese Sandwich
fresh mozzarella, basil pesto, tomato on ciabatta bread (V).

Roast Beef & Cheddar Sandwich
caramelized onion, garlic aioli, lettuce, tomato on wheat bread.

SALADS $14

Greek Salad
romaine lettuce, cucumber, cherry tomato, Kalamata olive, red onion, feta cheese, red wine dressing (V,GF).

Classic Caesar Salad
romaine lettuce, Parmesan cheese, garlic croutons, Caesar Dressing.

Garden Bowl
curried chickpeas, roasted sweet potatoes, pickled red onion, arugula, avocado, creamy cashew dressing (vv,GF).

Add Protein
Grilled Chicken +$6
Grilled Shrimp +$8
Grilled Salmon +$10

***V** = vegetarian, **vv** = vegan, **GF** = gluten free*

Minimum 8 Lunches Per Order